

Leaflet for arrival and return journey from risk affected areas within Germany

valid until 31.01.2021

For travelers from a particularly risk-affected area in Germany (where the number of new infections with SARS-COV-2 of the last seven days according to 100000 residents is **200 or higher**) there is a 10-day quarantine and the obligation to report to the responsible health authority. Please fill out the "**Meldeformular nach Einreise aus Risikogebieten**", which you can find on our website www.rostock.de/gesundheitsamt and send it by email to reiseverkehr@rostock.de

According to the quarantine regulation of the state of Mecklenburg-Vorpommern, a successful first test after entry or not older than 48 hours upon entry does NOT lift the quarantine. But there are a few exceptions, see the quarantine regulation.

However, if there are no symptoms, the quarantine time can be shortened with a second test. This has to be a **PCR-Test** and can be carried out at the earliest 5 days after entry. Please send the negative test result and the informal request for shortening to reiseverkehr@rostock.de.

- 10 days quarantine after entry from a risk area (>200/100.000)
- The initial test on entry does not lift the quarantine.
- The quarantine time can be shortened with a second test. This **PCR-test** can be carried out at the earliest 5 days after entry. Please send the negative test result and the informal request for shortening to reiseverkehr@rostock.de
- The public health authority does not carry out any tests.